# Cross Country Ski
## TECHNICAL PACKAGE

**2018 Saskatchewan Winter Games
February 18-24, 2018
North Battleford, Saskatchewan**

**1.0    SPORT:**

1.1    Competition Site: Blue Mountain Adventure Park

1.2    Competition Dates: February 21-24, 2018

1.3    Sanction: Yes, Cross Country Saskatchewan

**2.0    PARTICIPANTS:**

2.1    Number of Competitors per District: Male __5__    Female __5_

2.2    Coaches and Managers per District: Coach _1_ Manager __1__

**Note: Sports that have both male and female competitors must ensure that at least one coach/manager is of the opposite gender of the other(s)**

**3.0    CLASSIFICATIONS:**

3.1    Year of Birth:

Junior category:  10, 11, 12; YOB: 2005-2007
  • 2 females and 2 males
Senior category: 13, 14, 15; YOB: 2002-2004
  • 3 females and 3 males

Note that the 10 to 15-year-old age range spans the mini-midget, midget and juvenile age categories in the Cross Country Saskatchewan Sask Cup Rules.

* As of December 31, 2017

November 30, 2016

**4.0    ELIGIBILITY:**

4.1    Athletes: Athletes must hold a valid CCS Competitor License and belong to a Cross Country Saskatchewan member ski club.

4.2    Coaches: Minimum CC certified for both coaches. CCS recommends that districts work towards having one coach trained at the CCI (L2T) level or above. Coaches and managers must have a Criminal and Vulnerable Sector record check. Coaches must complete the Respect in Sport on-line training program.

4.3    Exclusions: None


**5.0    PROVINCIAL REGISTRATION:**

Registration is with:

Name: Alana Ottenbreit
Address: 1860 Lorne Street
City: Regina, SK
Postal Code: S4P 2L7
Phone (work & cellular): (306) 780-9240
Email: ccs@sasktel.net

**6.0    PROVINCIAL TECHNICAL LIAISON:**

Name: Dan Brisbin
Address: 226 Churchill Drive
City: Saskatoon, SK
Postal Code: S7K 3Y7
Phone (cellular & other): (306) 280-1709
Email: danbrisbin@sasktel.net


**7.0    COMPETITION:**

7.1    Type of Competition: Cross country ski races
7.2    Events:
Race 1: Interval start classic race (Juniors ~5km, Seniors ~8 km)

Race 2: Free technique sprint qualification and heats (Juniors ~250m, Seniors ~500m)

Race 3: Relay race: 2-person Junior team and 3-person Senior team in each gender (4 relay teams per district). Each leg 1.5 to 3 km long

November 30, 2016

Note: distances and race formats are subject to revision after inspection of the venue and discussions with the LOC.

7.3     Playoff Format: Interval start distance race and relay race are single competitions that don't need a subsequent playoff. Sprints begin with an interval start competition to rank competitors for heat selections (based on time). Heats consist of 4 to 5 competitors with the fastest 2 or 3 from each heat advancing to semifinals then the fastest 2 or 3 from each semifinal advancing to the finals.

7.4     Seeding: Random draw

## 8.0   RESULTS:

8.0   Results Program
8.1   Results Format
8.2   Sport Scoring

Order of finish from fastest to slowest in mass start races. Fastest time to slowest time as recorded by CCC approved software and timing equipment in interval start races.

## 9.0   TIE BREAKING PROCEDURE:

Highly unlikely with electronic timing to ~0.2 second accuracy but if a tie does occur it will be resolved as per the current edition of CCC rules. Video may be used to confirm competitor ranking in mass start format races (including sprints and relays).

## 10.0   SPORT PROTEST PROCEDURE:

The procedure for fairly handling protests will follow that described in the current edition of the Cross Country Canada rules (ICR-CCR) valid at the time the 2018 Sask Winter Games competitions are held.

## 11.0   EQUIPMENT:

Track-setting equipment consisting of snow machine and drags; electronic timing equipment (Summit timers, start wand, plungers, stadium clock); team/wax trailers or tents and warm-up building; race office and officials room; timing and results room or shack with view of start and finish, electronic power, heat and preferably internet; equipment storage (skis, poles) for athletes; computer and printer (with extra toner cartridges).

## 12.0   SPORT JURY:

As per Cross Country Canada rules (ICR-CCR) valid at the time the 2018 Sask Winter

November 30, 2016

Games competitions are held.  A Jury consisting of the Provincial Technical Liaison person and two other major officials will be established to rule on rule infractions and protests.

## 13.0    OFFICIALS REQUIRED:

13.1  Major Officials
Technical Delegate (PTL)

Assistant Technical Delegate preferable (as a developmental opportunity)

Chief of Competition

Race Secretary

Chief of Course

Chief of Stadium

Chief of Start, Timing and Results

Chief of Controllers

13.2  Minor Officials
Course groomers - 2

Stadium set-up/take down crew – 4 (can do other functions during race)

Race office (start lists, bib distribution, results posting, temperature checks) – 3

Controllers and course marshals – 4

Starter – 1

Assistant starters – 2

Start bib poster – 1

Clothing stewards -2

Finish referee – 1

Finish electronic timing – 6 (2 x plunger, poster, caller)

Finish line manual timing – 3 (timer, caller, poster)

Finish line camera operator – 1

Finish line stewards - 2

November 30, 2016

Runner – 1

Results operators -2

Announcer – 1

Forerunners – 4 (nice to have, could be coaches)

## 14.0    MEDICAL SERVICES

Use Canadian Ski Patrol with medical officer in stadium during all competitions and official training times. Snowmobile, toboggan and driver must be available during all competitions and official training times. Vehicle suitable for transporting injured skiers to hospital must be available near the stadium during all competitions and official training times. An emergency plan must be developed and must be known by all major officials. This plan must include emergency phone numbers (e.g. 911) and the capability of connecting to them by cell phone and/or landline from the stadium or race office. Medical staff, course controllers and the Jury must be able to communicate by radio.

## 15.0    MEDALS

| Event | Gold | Silver | Bronze |
|---|---|---|---|
| Interval Start | 4 | 4 | 4 |
| Sprint | 4 | 4 | 4 |
| Relay | 10 | 10 | 10 |
| **Total** | 18 | 18 | 18 |

## 16.0    DISTRICT TEAMS SELECTION CRITERIA
Will be set by each district in conjunction with Cross Country Saskatchewan.

## 17.0    PROVINCIAL SPORT CONTACT

Name: Alana Ottenbreit
Address: 1860 Lorne Street
City: Reina, SK
Postal Code: S4P 2L7
Phone (cellular & other): (306) 780-9240
Email: ccs@sasktel.net

November 30, 2016

**18.0   THIS IS TO CERTIFY THAT THIS TECHNICAL PACKAGE, IN ITS ENTIRETY,  WAS APPROVED BY OUR BOARD OF DIRECTORS.**

*(Please indicate in the space provided, the date of the meeting and when it was approved.  This package must be signed by your President before returning it to the Saskatchewan Games Council.)*

MEETING DATE: September 10, 2016

PRESIDENT'S SIGNATURE:  _____

    Name: Dan Brisbin
    Address: 226 Churchill Drive
    City: Saskatoon, SK
    Postal Code: S7K 3Y7
    Phone Home:  (306) 382-0709
    Phone Work: (306) 956-6394
    Email: danbrisbin@sasktel.net